# LONDON COUNCIL FOR ADULT EDUCATION

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Serving Adult Learners since 1945

**68th Annual General Meeting**

20 June, 2012 4:00 - 6:00 pm

Hosted by: Western Continuing Studies, Downtown Campus

240 - 355 Wellington Street (Citi Plaza), London, ON

**PRESENT:** Kristen Caschera (London Public Library), Donna Moore (UWO, Toastmasters), Nancy McQuillan (LEHC), Frances Shamley (EMOWPD), Kym Wolfe (London Military Family Resource Centre), Carolyn Young (Western Continuing Studies), Ann Walker (Individual Affiliate), Beverly Payne (Thames Valley District School Board), Henry Kooy (City of London), Tamara Kaattari (Literacy Link South Central), Heather Jeffery (Hutton House), Dee Morrisey (Fanshawe College), Monica Giorgini (Individual Affiliate), Alice Brona (Individual Affiliate), Jane Ellyatt (City of London), Sheila Carson (TVDSB), Michelle Cialacu (Regroupement-Multiculturel-Francophone-London), Valy Marochko (Cross Cultural Learner Centre), Christopher Payne, Lisa Munt, Jack Zacharias

**Welcome & Call to Order** – Kristen Caschera, LCAE Co Chair

1. **Approval of 2012 AGM minutes** - Motion to accept the minutes (Kym Wolfe; seconded by Carolyn Young) Carried.
2. **Committee Reports**
3. Review of 2012/2013 General Meetings: Ann Walker (Membership Liaison)

Ann expressed thanks to Goodwill and the London Public Library (Central Branch) for providing space for both Executive and General Membership meetings, allowing a central location and accessible and free parking for attendees. A new schedule was implemented where general and executive meetings were held bimonthly on an alternating basis. The executive committee will review the effectiveness of this schedule, moving forward in planning for the next year. General meetings for 2012/2013 were:

September - Members met to update their organization’s status, introduce new staff and designate LCAE meeting representatives, while networking and renewing professional contacts. Kristen Cashera introduced the new LCAE Facebook page which she had created.

November - At this meeting, with many new members and agency representatives, an overview of the annual Learner Awards was provided. Donna Moore gave a brief history, while Ann Walker showed a power point presentation, outlining the purpose, criteria for nominations and planning of the ceremony.

January - Held at the London Public Library (Central Branch), Kristen Cashera provided an informative presentation outlining the range of library programs available to the general public. This included the library’s website, with popular links for Searching for Work, Starting and Running a Business, academic and lifelong learning research guides, and health and wellness related topics.

March - This meeting, held at Goodwill, focused on skills training and featured a panel of representatives from local employment service agencies offering a variety of short term skills training. The agencies represented included ATN, Wheable, Clothing Works, Hutton House, YOU, LEADS and Goodwill Industries. Information was provided on the type of training available, costs, program duration, schedules, participant eligibility criteria and referral process.

1. Adult Learner Awards Ceremony: Nancy McQuillan (Committee Chair)

Nancy spoke of the awards ceremony, held May 9, referring to it as the highlight of the year. This very heart-warming event, held at the Wolfe Performance Hall, Central Branch, London Public Library, honoured 16 learners from all walks of life. As always, the nominees were gracious in receiving their awards while sharing their deeply personal journeys. Nancy expressed that it would be nice if more people in London knew about and attended this amazing event. Nancy thanked the awards committee members for their work in ensuring the event ran smoothly, as well as thanking others for their ongoing support of this special day.

1. Treasurer’s Report: Donna Moore (Treasurer) & Frances Shamley (Auditor)

The report was circulated and the LCAE financial situation was reviewed

- Sum of money at year-end (30 April 2013) is $2250.00

- Closing balance for the year is $11,330.11

* Donna conveyed thanks for all donations as she referred to the financial statement: $1710.00 total donations were received from member organizations and individuals.
* Frances expressed appreciation for her role as Auditor in supporting the existence of LCAE.
* Frances thanked the LCAE committee for exercising fiscal responsibility with expenditures, and using funds wisely for worthy causes such as the Awards Ceremony.
* Total expenses for this year - $1469.44
* Income for this year - $1883.23
* $947.56 was spent on the Awards Ceremony (expenses for this event have decreased over the last few years.)
* LCAE, a Charitable Organization, relies 100% on member donations. Tax receipts are issued.
* LCAE is solely membership based, member driven, and run by volunteers.
* The Auditor’s report is submitted once annually.

Motion to accept Treasurer’s report (Beverly Payne; seconded by Ann Walker) Carried.

#### 3) Special Presentation of Crankshaft drawing - Kym Wolfe

#### Kristen called on Kym to introduce the Crankshaft cartoon drawing. The newly framed drawing was presented to Tamara Kaattari (Executive Director, LLSC), who accepted on behalf of Literacy Link South Central.

####  - Kym gave a brief background on the drawing which was created in 1991 by Tom Batiuk, a well-known syndicated cartoonist. He portrayed his character, “Crankshaft”, as a gruff school bus driver who faced literacy challenges. It was first presented to LCAE in 1992 on the occasion of World Literacy Day. Coincidently Literacy Link South Central was founded in 1991.

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#### 4) Elections - Kym Wolfe (2012/13 LCAE Member at Large)

#### Kym thanked the LCAE executive for their commitment and support throughout the past year and presented the slate of LCAE Executive officers for the term 2013/2014:

**Co-Chairs** - Kristen Caschera (London Public Library) & Amanda Burdick (Literacy Link South Central)

**Treasurer** - Donna Moore (Western University)

**Speaker Liaison** - Ann Walker

**Awards Committee Chair** – Nancy McQuillan (London Employment Help Centre)

**Members at Large** - Nancy McQuillan (LEHC), Beverly Payne (TVDSB), Ashley Patterson (WIL) and Jane Ellyat (City of London)

**Executive Secretary** - Monica Giorgini

**Membership Secretary** - rotational role shared by Members at Large

**Auditor -** Frances Shamley

 Kym moved to accept the new slate of officers (Nancy McQuillan seconded) Carried.

**5) Guest Speaker** - Nancy McQuillan introduced Dr. Bruce Van Ryn-Bocking, a pioneer in the field of Emotional Intelligence, President of People Skills, and an engaging speaker who spoke on The Reptilian Brain at Work.

Highlights of Dr. Van Ryn-Bocking’s presentation:

* Claims that digital media belongs to the Reptilian brain
* Over 100 billion neural networks in the brain at birth, with more created over time
* Intensive period of neural network growth in first five years of life
* Repetition and heightened emotional experiences create lasting neural networks
* The brain examines each “communication” and searches for the “best fit”
* Triune Brain (means 3 in 1) comprised of (1) Neo Cortex - largest part of the brain which manages technical data math, science and language, and is responsible for complex thinking and intellectual curiosity with capacity for details; (2) Limbic System - lies on top of brain stem, under the cortex and comprises of amygdala and hippocampus. It deals with memory, emotions and relationships, considered to be “tribal” (sense of belonging); (3) Brain Stem (Reptilian Brain) - lies deep within the Limbic System and manages survival (respiratory system), essential processes and is territorial (personal, emotional and physical space). Primary interests are in food, threats and mating. Other features of Brain Stem: playful, self-centred, binary (black & white) thinking, impulsive, and forms first impressions.
* Tribe members have 3 different types of status - Legislated, Expertise, and Psychological (Social)
* Brain Stem categorizes people as: friends, enemies, mates, or is indifferent
* Under stress the Brain Stem decides on “fight or flight” response
* With insufficient information the Reptilian Brain defaults to the negative; more information results in improved functioning
* Addictive behaviors are a result of how the Reptilian Brain functions
* Author Dan Pink’s research on motivation shows relationships between - Autonomy (Brain Stem); Mastery (Neo Cortex) and Purpose (Limbic System)
* Google Corporation incorporates concept of Triune Brain into design of its workplace environment
* Digital Media belongs to Reptilian Brain - studies show negative effects on learners / education
* Two psychopathic periods in a person’s lifetime: age two and adolescence
* Resources for further info: www.peopeskills.net; Taming the Primitive Brain by Mark Bowden; A General Theory of Love by Lewis et al; http://www.thereptilianbrainatwork.com/blog/; The Art of Changing the Brain by James E Zull

Nancy McQuillan thanked Dr. Van Ryn-Bocking for a thought-provoking presentation, and offered a gift on behalf of LCAE.

**Adjournment** - Kristen - 6:15 pm